

Financial Management & Planning Seminar

Session 1

Julie Rhymer

Agenda

- **Introduction**
- **Course Schedule**
- **Objectives**
- **B.U.D.G.E.T.**
- **Setting A Budget**

Intro to the speaker:

- **Julie V. Rhymer is a motivational speaker and Financial Relationship Manager who has purposed to educate and assist the general public, particularly Christians and young people, on how to become financially sound individuals. She currently serves as the Branch Manager at the Bank of Nova Scotia. Consequently, she possesses a wealth of knowledge in regards to bringing financial dreams and goals to a fulfilled reality. A combination of her spiritual empowerment, career and personal experiences help to make the delivery of the messages well-received and easily applied.**

Course Schedule:

- **Over the next seven weeks, the speakers will be imparting valuable knowledge to assist each individual in bringing financial goals to reality. Classes are from 7 – 8 pm each Tuesday night, running from August 19th – September 30th, 2008. Assignments given are expected to be turned in at the beginning of the next class.**

Objectives:

- **To give everyone an opportunity to improve their financial position.**
- **Better management of debt.**

- **Make good investments**
- **Increase purchasing power**
- **Identify life stage**
- **Protect credit & identity**
- **General banking knowledge**
- **Secure retirement/future**

B.U.D.G.E.T.

- **What is a budget?**
 - **A financial plan that outlines one's financial equation/position at any given time.**
- **A simple acronym to remind one of what a budget is:**
 - **B – Basic**
 - **U – Understanding**
 - **D – Development**
 - **G – Getting**
 - **E – Everything**
 - **T – Timely**
- **Interestingly, without the letter U the word budget ceases to exist. E.g. Bdget. Therefore, you as the individual must be involved.**
- **Also, your budget is made for Y.O.U.! Each of the letters of the word Y.O.U. stand for**
 - **Y – Yours**
 - **O – Only**
 - **U – Until...**
- **Meaning, your budget is Yours Only Until something changes which directly affects it.**

- **How does one overspend a budget?**
 - **Overspending your budget can happen in a number of ways:**
 - **Not setting your budget correctly to begin with**

- Living above your means
- Improper inventory & reconciliation
- There is one acronym that can assist you in effectively operating within your budget, S.M.A.R.T.
 - S – Spend
 - M – Money
 - A – At
 - R – Right
 - T – Time

SETTING A BUDGET

- Here are some useful tips when setting up your budget:
 - Make a list of needs
 - Be sure that you distinguish between what are needs and wants!
 - Need = Essential for living
 - Want = Anything that you don't need to live by
 - Set amounts aside for necessities, record frequencies
 - Record dates due and the amounts that must be paid and record balances.
 - Manage debt.
 - Analyze income
- Something to keep in mind when setting your budget is that it should NOT be based on seasonal income. In order for it to be effective, your budget should always be based on a fixed income, or in other words, your budget should be based on your take-home pay.
- When you have set your budget and find that it's working for you, remember to:
 - Pay Commitments
 - E.g. Rent, car payment, etc.
 - Keep track of automatic debits
 - Keep accurate record of where your money goes
 - Live within your means

- Pay bills timely
- Pay yourself
- Save
- Although keeping track of your finances and planning a budget seems overly difficult, it is entirely within your reach. We know that we have what we say, so you should confidently approach your financial planning with the mindset that:
 - “I am a financial giant!”
 - “I am a financially sound individual!”

HOW TO USE A CHECK REGISTER

- When balancing your checkbook, there are three simple steps to remember:
 - Log all payments/adjustments
 - Balance those payments and records within your checkbook regularly
 - Balance your checkbook with your monthly statements

SUMMARY

- Tonight you had the opportunity to gain insight on the importance of having a budget. It is an essential part of maintaining financial discipline. Having a budget enables you to evaluate your financial position at any given time and allows you to make decisions that will positively impact your stability. It also places you on a level that will not compromise your financial position. Not having a budget can cause extreme and unnecessary embarrassment for you and put you at a reputational risk. Finally the seeds planted today will enhance and secure your financial future. Set your budget today and enjoy a healthy financial future.
- Remember your budget is tailored for Y.O.U.
- **HW ASSIGNMENT: Complete Budget Handout and Goal Handout**

